

## New Book Unlocks Mysteries of Social Security, Medicare

***Social Security: The Inside Story, 2016 Edition* was released February 12, 2016. It is the most current and comprehensive Social Security and Medicare resource. The author, a former Social Security representative, provides a unique “inside story.”**

FOR IMMEDIATE RELEASE

Seattle, WA—A new book unlocks the mysteries of Social Security and Medicare, just in time to help millions of Baby Boomers struggling with narrowing retirement choices.

*Social Security: The Inside Story, 2016 Edition* is the most up-to-date, comprehensive, and readable guide to Social Security and Medicare. The *Inside Story* series debuted in 1993 by Seattle author Andy Landis, a former Social Security representative, to provide readers a clearer and deeper understanding of the popular programs.

“Everyone has to buy Social Security and Medicare, but hardly anyone knows what they bought,” said Landis. “It shouldn’t be a mystery. This book gives answers about what benefits are available, how to get the most, and what’s in store for future generations.”

Chapters cover the core benefits of retirement, family, survivor, and disability payments, plus Medicare. Other chapters examine Social Security annual statements and calculators, how to file a claim easily, strategies to maximize Social Security payments, and sustainability of the program. Tables, charts, and illustrations appear throughout to clarify complex provisions. The text is liberally sprinkled with “Tips for Results,” “Reform Targets,” and “Inside Stories” revealing how the Social Security Administration actually operates.

“The entire book is updated and expanded beyond previous editions,” said Landis. “For example, the chapter on Medicare uses a simple ‘three pathways’ approach. People are really feeling the squeeze on their healthcare dollars in these tough times, and health insurance is in the news every day.”

“The biggest changes from previous editions are three: new graphics, new footnoting, and most important, updating the chapter on maximizing your Social Security,” Landis said. “Congress changed the rules in 2015 and the new book includes those changes.”

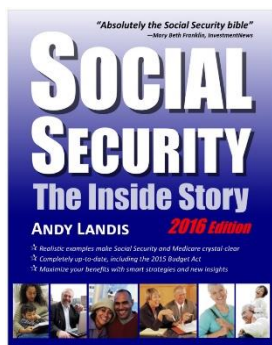
Landis adds, “Social Security is like a new smart phone with lots of hidden features. The new book shows new ways to use those features, with many more examples to clarify them.”

The book contains reference aides including a table of contents, an index, a glossary, weblinks to outside resources, footnotes, and appendices detailing particular provisions. These features make the book a valuable reference for financial advisors, human resources professionals, attorneys, and others who need to know how Social Security works, as well as Boomers and younger workers.

*Social Security: The Inside Story, 2016 Edition* is available from Amazon.com in print or Kindle formats.

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### About *Social Security: The Inside Story, 2016 Edition*



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### About Andy Landis



**Andy Landis** is one of the nation's foremost authorities on Social Security and Medicare, in demand nationwide as an author, speaker, and consultant.

Andy has guided tens of thousands to abundant retirements while working at the Social Security Administration, AARP, multi-national corporations, and his own practice, Thinking Retirement.

Through Thinking Retirement, Andy educates both individuals and financial professionals through live workshops, books, articles, webinars, and professional education courses.

He is the author of the books *Social Security: The Inside Story* and *When I Retire*, available everywhere. He is a regular blogger for the *Wall Street Journal's* "MarketWatch" site. On TV, he has appeared on Fox Business News and PBS, and is a frequent guest on radio.

### About Thinking Retirement

Thinking Retirement is the professional practice of Andy Landis. Through Thinking Retirement, Andy conducts Social Security and Medicare seminars for the public, Fortune 500 firms, public agencies, the American Institute of CPAs, the Financial Planning Association, and others. Founded in 1990, Thinking Retirement is based in Seattle, WA.

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